

# Steve Belanger

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## SUMMARY

- Developmental producer of various TV & film properties
- Host, Producer and editor of *Long Island Explained Podcast* (over 2k downloads/month.)
- Host/producer of *Comedians on Football*, LIVE every week on Governor's Comedy Club Radio (over 5k views/month.)
- Freelancer for major sites, including Men's Health.com & HuffPo.
- Host, producer and editor of two long-running weekly podcasts - *The Men's Health Podcast* & *The Gamut with Steve Belanger*. Both featured wide-ranging interviews with actors, comedians, athletes and experts of all kind.
- Success on various platforms as magazine freelancer, author, producer and on-air host.
- One-man band with endless video & audio production/editing abilities.
- Corporate Executive at Time Inc. before switching to the creative side.

## NEW MEDIA EXPERIENCE

*The Gamut with Steve Belanger*  
Host/Producer/Editor (2014-2016)

*The Men's Health Podcast*  
Host/Producer/Editor (2011-2014)

Various Projects – SAG/AFTRA  
Working Actor (2004 –Present)

*The Belanger Experiment*  
A Men's Health Webseries  
Host/Producer (2011)

## EDUCATION

### TV News Training

On-Air Reporting - Debra Alfarone/WPIX  
TV Newsriting - Wendy Gillette/CBS

Fairfield University - BA, Psychology

## WRITING EXPERIENCE

*It's About Time* - Ongoing

A one-man show currently featured as a chosen selection of 2015 United SoloFest in NYC.

**Winner of Best Comedic Script 2015**

*Men's Health Magazine*

Contributing Editor (2008-Present)

First-person pieces about life as a modern man.

*The Huffington Post* - Contributor

*My Penthouse Past: Failing My Way Up the Corporate Ladder of an Empire Built on Skin*

A memoir of the author's eight year career working for one of the most notorious publishers in the magazine industry, Bob Guccione.

*Men's Health Online*

The Belanger Experiment (2011)

A webseries featuring the host going head-to-head with some of the country's best athletes.

*Men's Health Online*

The Married Life (2010-2011)

A blog about life as a happily married stay-at-home dad living in the suburbs surrounded by his in-laws. It's like Dante's nine circles of Hell, but with more birthday celebrations.

*40 Things To Do When You Turn 40*

(Sellers Publishing - 2007)

Contributor to book of essays about prepping for the big Four-Oh.

*Popular Science Magazine*

Contributor (2001-2004)

Tech and gear reviews.

### **The Fonzie Seal of Approval**

"Steve Belanger is a great story teller. He is also very funny... there is nothing better than a funny story well told. That happens to be true."  
– Henry Winkler